

# Green Check Recognition Program

## M.A.D.E. Principle - "Making A Difference Environmentally"

### Discover "how to" Make A Difference Environmentally

We, as individuals and as a society, have the abilities and wherewithal to undertake changes that will, collectively, Make A Difference Environmentally. The Green Check Recognition Program – does just that. It salutes and "pats people on the back" for their ongoing efforts...small steps leading to better and more, incremental changes.

Now, the Green Check Recognition Program has two educational programs, complementing the Green Check Recognition Program. A participant, and a leader program that will engage and empower individuals and groups.

### Program Description

Learn (participant) and "how to" teach (leader)

### Course Content

Experiential and Practical, including the following activities appealing to Attitudes, Skills and Knowledge ("ASK your self")

- The warm-up activity. Empowering yourself and others – "You can make more differences environmentally when you make changes with your own health and wellness."
- Take a walk... "being with nature" and the principles of ecology.
- Team building activity – "you're not alone in being able to say: "I am making or I have made a difference environmentally."
- The 7 Rs – for now – "we'll not be lucky, but we will be fortunate!" - guidelines
- Creating a list of actions ("moving forward...")
- "It's garbage day!" – examining your lifestyle choices (food and clothes)
- "Re-shirt" – the commitment activity ("make and take") to make incremental change
- Recognizing others with a Green Check



**"Recognized...moving forward!"**

### Participant's Course - "Start me up!" – one day or alternative delivery

For: Schools, Organizations, Companies, Private and Public Sector participants; employees and employers

Leader's Course – "Teach Green" - one day or alternative delivery (prerequisite – Participant Course)

For: Teachers, Managers, Administrators, Leaders, Trainers and Instructors – from the above sectors

**For the Leader's Course** – the "how to" teach the participant's course; with a resource kit/binder and "how to" recognize (evaluate) others.

See [www.canadianecology.ca](http://www.canadianecology.ca) and the Green Check Recognition Logo

Contact the Canadian Ecology Centre 1-888-747-7577, ext. 570 or [bill@canadianecology.ca](mailto:bill@canadianecology.ca)

