

7 Rs for Green Check Recognition



"Recognized...moving forward!"

Premises

- Based on an incremental continuum of action steps
- (There are other Rs...)

Summary

If an individual/student, organization or business makes a seven (7) year commitment; *"we'll not be lucky, but all of us will be fortunate!"*

- ✓ **React** – “you are going to do something”
(your own environment of health and wellness)
- ✓ **Respect** – others and solutions (basic to more complex, a continuum)
- ✓ **Re-use** – “thinking before garbage day” (before discarding)
- ✓ **Re-think** – “what is another or better way” (moving towards decisions)
- ✓ **Recycle** – “can this be recycled?” (post consumer behaviour)
- ✓ **Reduce** – “living with less” (consumptive lifestyles)
- ✓ **Refuse** – highest order (“decision to look for options”)

